

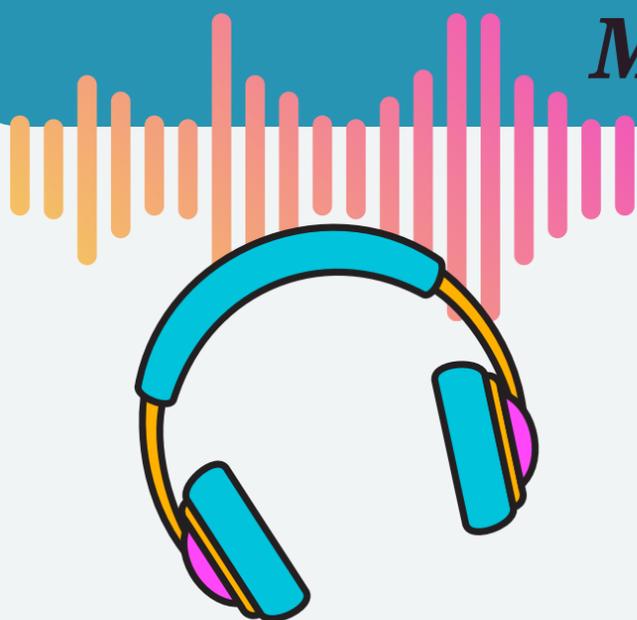
5 TIPS FOR HOSTING A SENSORY-FRIENDLY WORSHIP SERVICE

✓ *Control Lighting*



Choose lighting that isn't flashing or extreme. Warmer hues (yellow, amber, orange) are less harsh than blues. Never use strobe lighting! Leave some house lighting on in case people need to navigate aisles.

Monitor Sound ✓



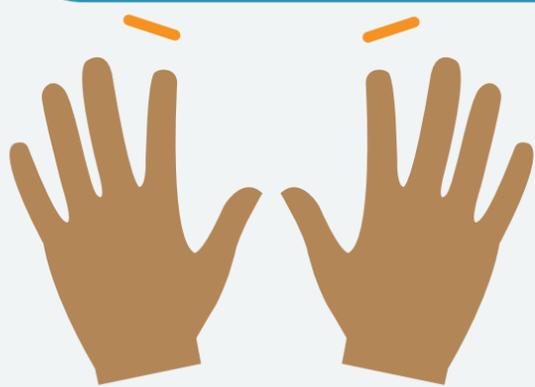
Choose a moderate sound level that might be lower than your typical service. Avoid startling sounds. Provide headphones in an easily accessible location for people who may be experiencing sensory overload from noise.

✓ *Provide a Schedule*

Help manage expectations by providing a schedule or order of service. A visual schedule can be particularly helpful. Explain each element of the service so participants understand what to expect.



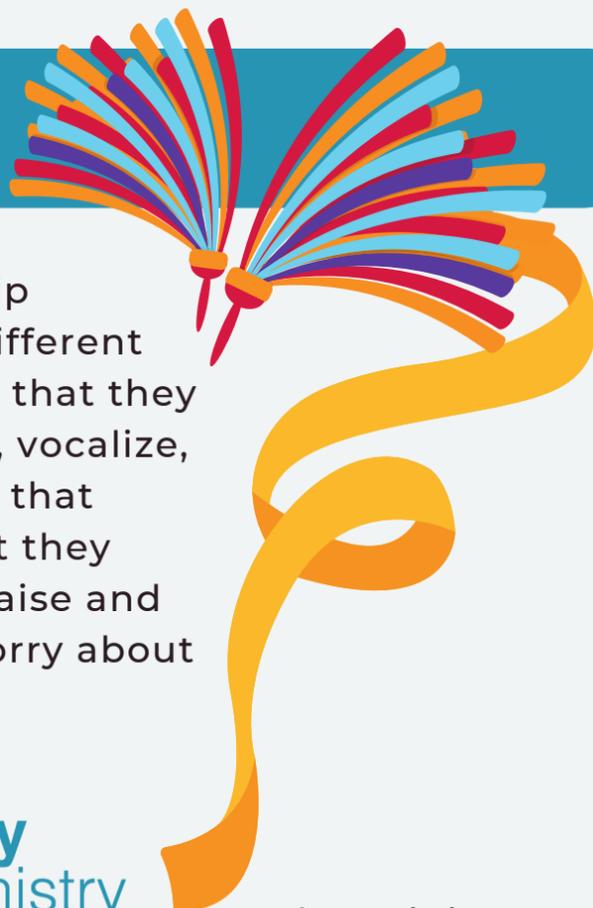
Make it Interactive ✓



Be creative with teaching strategies when delivering the message. Use visuals and hand motions to make it interactive. Provide concrete examples when teaching abstract concepts. Encourage audience participation!

✓ *Set the Tone*

We are all designed to worship God...and we can do that in different ways! Be clear to participants that they are welcome to move around, vocalize, twirl, etc. Set the expectation that everyone is welcome and that they should feel comfortable to praise and worship without having to worry about being judged.



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